

Oral Care

Assessment guide

Your patient's details

	Date					
Check list						
Voice						
Normal 0						
Deep/raspy/hoarse 1						
Difficult/painful speech 2						
Swallow						
Normal 0						
Painful 1						
Unable to swallow 2						
Tongue						
Pink, papillae present, moist						
Coated 1						
Blistered and cracked 2						
Saliva						
Watery 0						
Thick or ropery 1						
Absent 2						
Mucous membranes						
Pink and Moist 0						
Reddened/ coated 1						
Ulcerated/ bleeding 2						

	Date					
Check list						
Gums						
Pink and Firm 0						
Oedematous/red 1						
Spontaneous bleeding 2						
Teeth/dentures						
Clean/nodebris 0						
Localised plaque/ debris 1						
Generalised plaque/ debris 2						
Lips						
Smooth/ moist/ pink 0						
Dry/ cracked 1						
Ulcerated/ bleeding 2						
Candida						
Yes 1						
No 2						
Oral score						
Oral Cavity Score	Interventions					
8 or below	Basic oral care					
8-12	Basic oral care/add Aspirin gargles, Mucaine on order of physician					
12 or over	Advanced oral care					

Basic Oral Care:

- Brush teeth/ gums with toothbrush and paste or mouthwash every 12 hours
- Rinse with sterile water or saline 0.9% and suction off liquid
- Swab teeth/ gums with chlorohexidine solution every 6 hours
- Apply moisturising cream or lubricating jelly to lips if required

Advanced Oral Care:

- Brush teeth/ gums with toothbrush and paste or mouthwash every 12 hours
- Rinse with sterile water or saline 0.9% and suction off liquid
- Swab teeth/ gums with chlorohexidine solution every 2 hours
- Rinse hourly with Saline 0.9%
- Apply topical antifungals if required on direction of physician
- Apply moisturising cream or lubricating jelly to lips if required



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